

2021 Family Aquatic Guide



Opening Day
May 29, 2021



CITY SPLASH POOL

2200 S. Holly | 405.350.7684

Hours of operation:

Monday – Thursday: 1:00 p.m. – 7:00 p.m.

Friday: 1:00 p.m. – 5:00 p.m.

Saturday: 11:00 a.m. – 5:00 p.m.

Sunday: 1:00 p.m. – 5:00 p.m.

POOL ADMISSION

City Splash Pool

DAY FEES

4 yrs and Older: \$3.00

Senior Citizens: \$2.00

SWIM PASSES

Individual Swim Pass: \$40.00

Family Swim Pass (up to 4): \$100.00

*additional family members \$10 each

**Swim Passes may be purchased
at the Yukon Community Center.**

2200 South Holly

POOL RENTALS

City Splash Pool

City Splash, 2200 South Holly

Rental days: Friday, Saturday & Sunday

Time Block 1: 5:30 p.m. – 7:00 p.m.

Time Block 2: 7:15 p.m. – 8:45 p.m.

Rental Fees Schedule:

\$180 per time slot for up to 75 people

\$350 per time slot for 76-150 people



PARKS & RECREATION

DOLPHIN SWIM TEAM \$50 CITY SPLASH

The Dolphin swim team is a great introduction to the sport of swimming! This program introduces swimmers to a very beginner level swimming team that is meant to teach them about the sport. It offers swimmers the chance to learn all four competitive strokes in a relaxed fun environment. The Dolphin Swim Team is for all skill levels; there will be an evaluation before starting to get all swimmers placed correctly. Swimmers must be able to swim one length of the pool.

Season: June 7 - July 31

Practices: Tuesday and Thursday mornings
10:30 a.m. - 12:00 p.m.

Swim Meets: Saturdays
at various metro aquatic facilities

WATER AEROBICS - Morning \$40 CITY SPLASH

Improve your overall fitness while strengthening your heart, toning your muscles and increasing your flexibility. This class also features water walking, jogging, treading and jumps. An intense workout with low impact, participants determine their own level of intensity.

Each participant should have water shoes

Classes: Tuesday and Thursday mornings

Time: 8:30 a.m. - 10:00 a.m.

Session A: June 8 - July 1

Session B: July 6 - 29

WATER FITNESS - Evening \$40 CITY SPLASH

This class consists of choreographed dances for the water, group water activities, water walking/jogging, deep water toning exercises and a final stretching period. This will be a high energy and fun class that will provide a safe and exciting water workout!

Classes: Monday and Wednesday evenings

Time: 7:15 p.m. - 8:30 p.m.

Session A: June 7 - 30

Session B: July 7 - 28

SWIM LESSONS \$45 City Splash Pool

The City of Yukon Parks and Recreation department is pleased to provide a swim lesson program that is designed to fit the needs of kids of all ages with comprehensive lessons offered at convenient times.

Swim lesson sessions offer 6 classes and each class is 40 minutes.

Morning Sessions - Mon./Wed./Fri.

Session A: Jun. 7-18 **Session B:** Jun. 21-Jul. 2
Session C: Jul. 12-23 **Session D:** Jul. 26-Aug. 6

Evening Sessions - Tues./Thur.

Session E: Jun. 8-24 **Session F:** Jun. 29-Jul. 15
Session G: Jul. 20-Aug. 5

Parent Taught (PT) Ages: 6 mo – 2 yrs

This course will place a strong emphasis on water adjustment and acclimation as well as an introduction to underwater exploration.

Skills include: front and back float and glide, rolling front to back, rolling back to front and leg work.

Evening - Session F: 7:15 p.m.
Evening - Session G: 7:15 p.m.

Preschool Ages: 3 yrs – 5 yrs

This course helps the students feel comfortable in the water by teaching skills that include the following: enter and exit the water safely, float on front and back, open eyes underwater, submerging for an object, learning arm and hand movements for freestyle and backstroke and the use of a life jacket.

Morning M/W/F

Session A: 9:40 | 10:30 | 11:20 | 12:10
Session B: 9:40 | 10:30 | 11:20 | 12:10
Session C: 9:40 | 10:30 | 11:20 | 12:10
Session D: 9:40 | 10:30 | 11:20 | 12:10

Evening Tu/Th

Session E: 7:15
Session F: 7:15

Level 1 Ages: 5 yrs & Up

This course introduces students to water exploration and purposeful movements that include: front and back float, glides, kicking, front and back crawl, introduction to underwater swimming to retrieve an object and rotary breathing.

Morning M/W/F

Session A: 9:40 | 10:30 | 11:20 | 12:10
Session B: 9:40 | — | — | 12:10
Session C: 9:40 | 10:30 | 11:20 | —
Session D: 9:40 | 10:30 | 11:20 | 12:10

Evening Tu/Th

Session E: 7:15
Session F: 7:15

Level 2 Ages: 5 yrs & Up

This course focuses on students beginning to swim without support in the shallow end. Students must also be able to submerge their face in the water. Level two builds upon the skills gained in level one. Safety rules and introductory lifesaving techniques are also taught at this level.

Morning M/W/F

Session A: 9:40 | 10:30 | 11:20 | 12:10
Session B: 9:40 | 10:30 | 11:20 | 12:10
Session C: 9:40 | — | — | 12:10
Session D: 9:40 | 10:30 | — | —

Evening Tu/Th

Session E: 7:15

Level 3 Ages: 6 yrs & Up

This course focuses on a continuous use of the defined freestyle and backstrokes over a ten yard distance through the use of rotary breathing and purposeful strokes. Deep water introduction and safety are a focus as well as treading water, self-rescue skills and the buddy system.

Morning M/W/F

Session B: — | 10:30 | — | —
Session C: — | 10:30 | 11:20 | 12:10
Session D: — | — | 11:20 | 12:10

Evening Tu/Th

Session G: 7:15

Level 4 Ages: 8 yrs & Up

This course continues the development of the freestyle and backstroke while introducing the breast stroke, side stroke, deep water submerging, diving and proper turns for an introduction to lap swimming and competitive swimming. Swimmers will also learn buddy assistance techniques and proper safety around the pool.

Morning M/W/F

Session B: 11:20

Evening Tu/Th

Session G: 7:15

Special Needs (SN) Ages: 5 yrs & Up

This course will place a strong emphasis on water adjustment and acclimation as well as an introduction to underwater exploration.

Skills include: front and back float and glide, rolling front to back, rolling back to front, leg work, life jacket safety and sun safety.

Availability upon request.

Adult Swim Lessons Ages: 16 yrs & Up

This course will be based on the students that enroll; we will build a course based on what your needs as a student(s) are and what you would like to improve upon. Some possible avenues: water exploration, floating, stroke improvement, freestyle, backstroke, breast stroke, flip turns, etc.

Availability upon request.

